

ADOLESCENT AWARENESS OF ISOLATION'S CONSEQUENCES

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Research shows that isolation during adolescence has the potential to contribute to a variety of later problems, but to date no study has focused on adolescent awareness of this effect. The goal of the present study explored adolescents' perceptions of isolation's potential harmful consequences. This qualitative study incorporates the perspectives of 14 seventh-grade girls via personal, in-depth interviews. The researchers found participants not to possess a comprehensive understanding of isolation's possible consequences. These included behavioral, emotional, and cognitive consequences. Students' responses revealed recurring patterns regarding the self-identified sources of their understanding. Overall, the results are informative both for future researchers and those currently involved with adolescent services.