A dearth of literature exists about the effects of former cult involvement on family relationships. This study employed the narrative method to explore the experiences of women and children who are former members of the Children of God. We conducted in-depth interviews with 15 middle-aged women and 12 young adults and used a life course perspective to focus on generational differences. Our examination reveals how members of 2 generations remember the lived experience of cult involvement. Abuse issues and separation from family emerged as the most influential post-cult effects. The results presented here may help former members and those who work with them to better understand how these experiences affect family relationships.